



## 歷奇之選 · 白臘獨木舟及立划板體驗日

### Adventure Experience · Pak Lap Kayak & SUP

全日活動 FULL DAY

想與家人及朋友在白臘進行水上活動？機會嚟啦！CNH為您準備了一天的活動，你可以在一天內進行兩種划艇的體驗。活動參與者可以從中學習基本獨木舟及立划板技術之餘更可以和朋友或家人在地質公園的海岸進行水上活動。

Paddling in Pak Lap is always fun. The programme brings you two paddling experiences in on day. Participants will learn basic paddling techniques of Kayaking and Stand-Up Paddle (SUP) in two separated sessions. Participants would have chance to see the geographic feature of Pak Lap as well as paddling along the beautiful coastal of Geopark after acquiring the basic paddling skills.

## 活動時間 Programme Schedule:

09:00	西貢市集合及乘本公司往白臘 Speedboat pick up from Sai Kung to Pak Lap
09:30	安頓及更衣 Settle down in village house for baggage storage/changing
10:00	獨木舟體驗 (2.5 小時) Kayaking session (2.5 hours)
12:30	上午總結 Wrap up
12:45	白臘茶座午餐 Lunch at Pak Lap Café
13:30	自由時間 Free time
14:00	立划板體驗 (2.5 小時) SUP session (2.5 hours)
16:30	下午總結 Wrap up
17:00	乘本公司快艇返回西貢市 Speedboat pick up from Pak Lap to Sai Kung
17:30	解散 Dismiss at Sai Kung Town

**HK\$975 / 每位 per person**

**(10 - 45人一團) (Group size for 10 – 45 persons)**

### 費用包括 Inclusive of

- 平台式獨木舟/立划板、划槳及助浮衣  
Sit-on-top Kayak, SUP board, paddle & PFD
- 導師指導  
Instruction from our facilitator
- 來回西貢與白臘之交通  
Speedboat roundtrip transportation between Sai Kung and Pak Lap
- 白臘茶座午餐  
Lunch in Pak Lap Cafe
- 保險  
Insurance