



COMMUNITY • NATURE • HERITAGE

"Our Students were appropriately challenged, all activities were really well facilitated. They got the opportunity to think about global citizenship and issues outside of their daily lives. Certainly the experience of a lifetime!"



## CNH Student Leadership Programmes, Spring 2023

Leadership is emphasised throughout all CNH Educational Programmes. Participants have opportunities to demonstrate and build their own leadership competencies through individual and team challenges, service adventure and cross-cultural experiences.

Leadership activities and discussions focus on identifying and implementing participants' personal/professional strengths, character and leadership goals.

Each of our Student Leadership Programmes focuses on how to step outside of our comfort zone and become leaders of tomorrow.

## Course 1: Create New Hobbies (Creativity Focused)



Date: 13-17<sup>th</sup> February 2023 (5 days, 4 nights)  
Target group: 15-18 years old  
Capacity: 20-40 Students  
Programme: Demonstrate and build new competencies through various individual and team tasks. Take part in our Sustainable Arts workshop, Cooking lessons, Stargazing workshop, Classic Dance lessons

## Course 2: Climb to New Heights (Adventure Focused)



Date: 20-24<sup>th</sup> February 2023, (5 days, 4 nights)  
Target group: 15-18 years old  
Capacity: 20-40 Students  
Programme: Shapen and develop Leadership skills while exceeding physical and perceived limits through Rock Climbing, Abseiling, First Aid, Search and Rescue, Advanced Camp Crafts & Navigation

## Course 3: Community, Nature and Harvest (Service Focused)



Date: 6-10<sup>th</sup> March 2023 (5 days, 4 nights)  
Target group: 15-18 years old  
Capacity: 20-40 Students  
Programme: Learn and participate in both modern and traditional agricultural practices. Contribute to our Pak Lap Garden project, Local recycling projects, Leave No Trace workshop & Sustainable Solutions workshop

## Price: \$4500 HKD

Price is inclusive of transportation from Sai Kung to Pak Lap, overnight accommodation in Pak Lap Colourful Houses (Bunk Beds), 3 meals per day, unlimited fruit bar, all activities, equipment & insurance. Complementary t-shirt will be given to students upon participation.



For enquiries, please contact CNH Director - Mr. Milan Durik

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